

CAWMC was founded January 1st, 1975

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Mail:  
Box 2643  
Station M,  
Calgary, Alberta T2P 3C1 Cda

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July 22, 2017–  
July 20, 2019

**Executive**

**CAWMC OFFICERS**

**President:**

France D. Waychison  
france@waychison.com

**Past-President,  
Secretary-Treasurer,  
Membership Chairman:**  
Al Munro

**E-mail:**  
wood5cents@shaw.ca  
**Ph:** (403) 273-6133

**Vice-President:**

James Williston  
**E-mail:**  
jawilliston@shaw.ca

**Elected Members of  
Board of Governors:**

Al Munro (Chairman)  
Norm Belsten  
Richard Blaylock  
Russell Brown  
Kevin Day-Thorburn  
Robert (Bob) Fritsch

**President's Message**

Happy February! Just to make you forget about all that snow shoveling and to make you dream of spring, we are happy to present an article on Ross Kingdon on one of his passions, cycling. Enjoy!

There was an item about CAWMC on the front page of the December 25, 2018 issue of the Canadian Coin News, with your president/editor's picture to boot! The local post office staff probably noticed too, since that issue is the only one not delivered to our box in a very long time! I am disappointed that the writer of the article did not double check the information delivered in the newspaper. Please note that James Williston is our Vice-President and Al Munro is our treasurer.

Rest assured, we did not "lose a substantial amount of money in 2017". We choose to invest in woods and medals destined to increase visibility of our association, by purchasing of Canada 150 Promotional woods, Canada 150 Promotional medals (resold to our members) and CAWMC promotional woods for distribution to members and collecting communities throughout Canada.

The actual costs to the association was \$209.50, for the Canada 150 medals (die and shipping to purchasers) and \$990.00 for promotional woods.

Our yearly revenues and expenses usually balance out quite well. The year 2017 was exceptional.

It is still time to renew your membership if you have not already done so. A CAWMC renewal form can still be found in this issue of the Timber Talk (TT) or at [http://woodsycorner.com/cawmc\\_only](http://woodsycorner.com/cawmc_only). If you have any questions on your membership status, please e-mail Al Munro at [wood5cents@shaw.ca](mailto:wood5cents@shaw.ca) or phone Al at 403-273- 6133. The renewal form and dues must be mailed to Al's attention at Box 2643 Station M, Calgary, Alberta T2P 3C1, as we do not accept electronic payment at this time.

I would like to remind all that 2019 is an election year for us. Please consider joining our board yourself or nominating someone you think would like to join it but is too shy to raise their hand!

Again, all articles submitted will be appreciated.

Thanks all, and Happy Valentine's Day! **FRANCE**

**P.S. Proof-reader needed.**

**Duty: review Timber Talk for typos and general "oops"**  
**Time commitment: about 20 to 30minutes per month, from the comfort of your own home!**

**Want to help? Please e-mail me at:**  
**[france@waychison.com](mailto:france@waychison.com)**



## 360 Wellness

Free Wood of the Month of February 2019

For February, we offer the "360 Wellness" wood from Spruce Grove, Alberta. This wood is RED and BLUE in colour and is different from a previous 360 Wellness wood that was used as a free wood in Dec. 2017 which was blue/black.

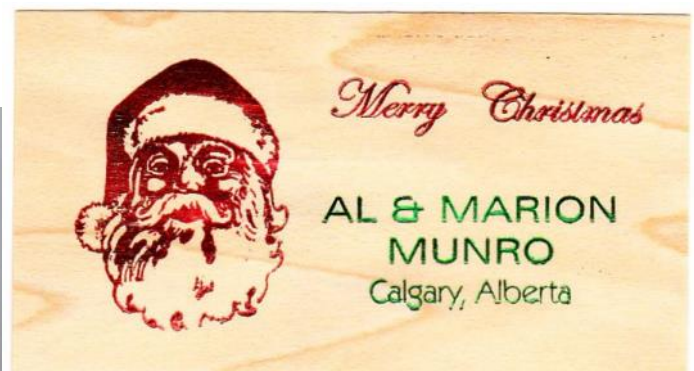
In late 2017, Timber Talk reported that 360 Wellness had 4 locations. The enterprise had grown to 6 locations in 2018. *"With six convenient locations to serve your needs, the website affirms, 'we're here to support your family's health in mind and body. Each of our practitioners is an expert in their field and are focused on the whole person with an understanding that true wellness encompasses physical and emotional health. At 360° Wellness we are committed to offering a warm, welcoming environment, providing compassionate and effective health care for people of all ages. You'll find your visits with us thorough and comprehensive, while preserving the serene, relaxing experience that health care should be.'"*



360 Wellness, Spruce Grove AB location



Some Christmas cards issued in 2018 :





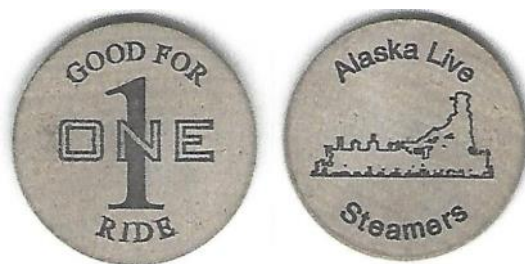
## Alaska Live Steamers Woods by David (Rusty) Phillips

Two woods from Wasilla, Alaska, have caught my attention. They are both from the **Alaska Live Steamers Inc. (DBA Alaska Central Railroad) & Transportation Museum**. This is a volunteer run organization, which operates a miniature rail-road, which takes up to twenty people at a time, on a 45-minute ride through small villages, over trestles, through forests and even through a tunnel.

500 of the woods were produced in 2007, and are the standard 1½" (38mm) in size. The color of the printing is black—black.



[Interestingly, there is another similar wood, but with smaller logos (both sides), and dark blue—dark blue in color.]

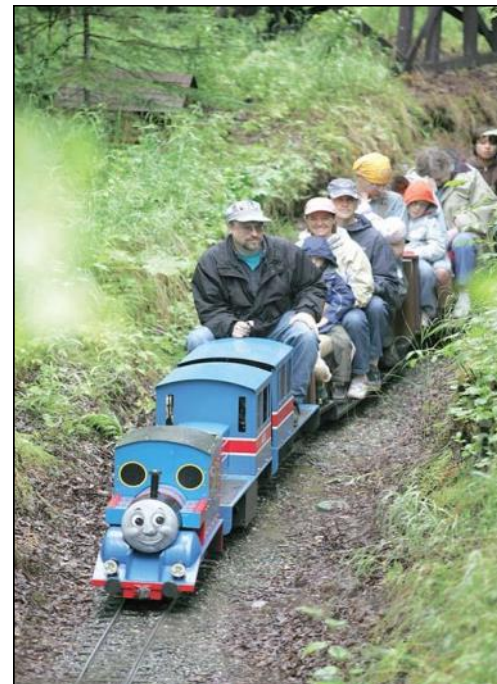


to the train ride commencing.

Both woods are used for “tickets” for a train ride, e.g. sold in the gift shop, then given to the train’s Conductor, when the rider is seated on the train, and prior

Note: Train operates May-September, Saturdays & Sundays, 10 a.m.—4 p.m. (plus some special rides on special occasions).

My Thanks to the Executive Members I spoke with, for providing me with the above information.





## Appointed Officers

**Editor:** France D. Waychison,  
france@waychison.com

**Proofers:** Norm Belsten, Al Munro.

**Distribution of Featured Monthly Wood:**  
Ross Kingdon

**Fund Raiser:**  
Dave Gillespie

**Auction Co-ordinator and Membership Dues:**  
Al Munro

**Annual Membership Dues in Canadian Association of Wooden Money Collectors are:**

- **Canadian Residents:**  
\$10, Cdn. Funds
- **Youth (16 years old and under)** \$5 Cdn. Funds
- **U.S. A. Residents:**  
\$10 U.S. Funds
- **International Members Rate (outside Cda. – U.S.A.):** \$20 Cdn. Funds

**Dues paid to:**

Mr. Al Munro, P.O. Box  
2643, Station M, Calgary,  
Alberta, T2P 3C1, Canada



## MY CYCLING PASSION by Ross Kingdon

Recently, president France, having found one of my two past cycling woods, asked me to write a short article on this passion of mine. For some number of decades now, a lot of my time, Spring, Summer or Fall, whenever the weather is decent, I can be found cycling the local roads and often some roads more distant.

For those people who know a little bit about me, they will know that I was born (1940) on a dairy farm just west of Brampton. In those days, regardless of age, you were always old enough to do farm work and my brother and I were no exception. I was well into my teens before I even got a bike which, of course, was shared. Since then, I have gone through a few bikes and cycled many kilometers, but it wasn't until the mid to late 60's that I began spending as much time as I could find on the bike.

When I began teaching in 1961, there were two other teaching colleagues who got me hooked on cross country skiing. This resulted in me getting myself involved in skiing loppets and races during the winter. Thus when the snow was gone cycling became serious for us in order to maintain some decent shape. When I think back to those younger years, a huge portion of my leisure time was dominated by cross country skiing or cycling. Both sports became serious, pleasurable passions for me.

Over those same years, many people will also know that a lot of my off time has been spent helping out on my brother's farm. It seems that once farming is in your blood, it is always in your blood. There have been many days in the past that my brother has virtually "hung my hide on the fence", initially on his dairy farm and now on his beef farm. Thankfully those days are fewer today, which of course, allows me even more time to cycle.

As a member, and eventually the president of the Chinguacousy cross country ski racing team, we found ourselves travelling all over Ontario and Quebec to participate in events i.e. the Canadian Ski Marathon from La Chute, Quebec to Ottawa (160 kilometers). I was able to complete this event.

Once the snow was gone, biking took over and for many years, we club members just cycled individually whenever we could but often in larger groups on weekends. During those times very little thought was given to keeping track of how far you rode. You just cycled long and hard to help stay in shape.

In the later part of the 1980's the Ski Club would yearly rent a bus and head to the Gatineau Hills across the river from Ottawa to participate in what was called the Gatineau 55 (55 kilometers). This was one of the elite races on the World Cross Country Ski Racing Tour and it was always a real pleasure and spectacle to see so many of the world's best cross country skiers participate. I participated in and completed this event many times often in some very, very cold weather.

It was at this very event in 1989 that an Ottawa cycling group approached our group to get some of us to join their club. Even though Chinguacousy, Bramalea, Brampton was far from Ottawa, we could still join their club and then as members, our kilometers cycled would help augment the Ottawa club's yearly totals against other cycling clubs across Canada. Several of us joined and I am still a member today.



**Editor:**

France D. Waychison

**Email:**

France@waychison.com

**Postal mail address:**

P.O. Box 466  
Timmins ON P4N 7E3  
Canada

[text: Word .doc,  
Publisher.pub, Notepad,  
Excel, or body of email /  
photos: .jpg preferred or  
bmp — please do not send  
pdf files if can be avoided]

**Timber Talk awarded  
in July 2012, R.C.N.A.**

***Best Regional /  
National Newsletter.***

**Thank you to all who  
contribute to making  
TT the success it is!**



**CAWMC is a member  
of RCNA and the  
SOC of CAWMC is a  
member of the ONA**



## My Cycling Passion /suite

I don't have one of those really expensive bikes that you can buy today. I just have what I call a 'good' road bike, far from the best. It's good enough for me and has allowed me to spend many pleasurable hours traversing the many roads, mostly here in southern Ontario. but I have also ridden many kilometers in northern Ontario, Quebec and the Maitimes. In 2002, I met up with my younger son and joined him for almost 1000 kilometers as he was cycling across Canada. He had put his foot in the Pacific Ocean off Victoria, BC and later in the Atlantic off the coast of Newfoundland.

Living in Ontario means you can at best get probably seven months in which to cycle. When the cold, snow, slush, ice and road salt arrive, it is time to mothball the bike. Riding in salt and sand will just ruin a bike over time. When the snow comes, it's time to cross country ski. I will say, however, there have actually been times at Christmas, New Years and in January when I was able to get in a few kilometers on my bike.

Since 1990 then, I have logged all my distances cycled. In those earlier 1990 years, I was twice able to surpass 10,000 kilometers for the year. Those days and those distances are all in the past. From then until now, the fewest distance cycled for a year was 4646 kilometers but most range between seven and nine thousand kilometers. As I write this for 2018, I have to date cycled over 5500 km.

In 2004, my overall total topped the 100,000 mark, so I got Norm Belsten to make me a wood to recognize that milestone accomplishment. There is or was no prize for reaching this or any other mark, for that matter. The reward is simply the personal satisfaction gained from doing it. That wood is shown here.



## My cycling Passion /Suite and end

In 2012, I topped the 150,000 mark. I figured at that time, I would probably not reach any other significant milestone, so I'd better recognize that distance. Thus, Norm made a second similar wood with the different distance on it. I'm not sure if this second wood was ever shown in Timber Talk.



Since 2012, the distances have continued to add up. Retirement, and some less farming have allowed for a little more time on the bike. At the end of 2017, I had completed over 182,000 kilometers and could now see that 200,000 km. mark in the distance. I've set out to try and reach it. It means I must average at least 6,000 km. for each of the next three years. That would mean 200,000 kilometers cycled by 2020 when I would turn 80 years of age. As everyone knows, however, 'tomorrow is never guaranteed', and this body gets more aches and pains each day. The roads around home also get busier and more dangerous as well. There are also so many other things in life that I like to do besides sitting on a bike seat. We'll just have to see what the future brings.

Yes, I'm one of those guys riding a bicycle along the shoulder of the road that you and thousands of other motorists have sworn at, honked at, tried to scare to death and done countless other things. I've had too many good and bad experiences on the bike to relate here but my worst was , fortunately, just breaking a wrist and completely destroying my bike when a Schneiders meat truck and I came together. My helmet was badly smashed. The police officer wanted the helmet to show to kids when he visited schools. I always keep one thing in mind, if the vehicle wants the ' right of way ', even though I have that right of way, the vehicle can have it because ' I don't win'.



I do enjoy getting on the bike and if that two hundred thousand mark is ever realized , I think that would be a good excuse to get a third bike wood made. If it doesn't, it won't be for a lack of trying.

***Ross***



# TT MARKET

## WANTED

New Westminster 9615-010 Star River Boat Casino

North Vancouver 9625-013 Community Credit Union

## TO TRADE

Duncan	Garners
Fort Steele	Fort Steels Heritage Town
Fruitvale	Atco Lumber

Please contact David Byart at davidbyart@hotmail.com or at 778-478-9040



From the Editor: The following is a replacement article concerning the Kamsack Lumber Inc wood, originally printed in the

September 2018 issue of TT, as re-submitted by Al Munro:

Kamsack Lumber Inc. Kamsack, Saskatchewan By Al Munro



This round wood (7350-001, Black / Black, 38mm, rarity 4, (quantity and year issued are both unknown) is from Kamsack Lumber Inc. in Kamsack, Saskatchewan. The obverse reads *Swap the NICKEL save a BUCK "Thank You"* and the reverse says *KAMSACK LUMBER INC. WOODEN NICKEL PH. 306-542-3633*. I acquired the wood at The Regina coin show about 10 years ago and as far as I know the copy I have is the only one in collector's hands. When I acquired the wood I phoned the phone number on the token and was advised the business no longer belonged to Kamsack Lumber and they knew nothing about the token. I was given the name and phone number of Rod Gardner, the former owner, and I attempted to contact Mr. Gardner several times over the next few years but was unsuccessful. I eventually misplaced the name and phone number. I finally relocated the contact information and contacted Mr. Gardner on August 20, 2018. He vaguely remembered the token but does not have any left and can not remember details. He thinks the token was issued in the mid 1990s. He advised that the location and phone number is still used by the current operator but the business has changed hands at least twice since the wooden token was issued. Mr. Gardner still owns Kamsack Lumber Inc and the company is inactive at this time.

I / We wish to JOIN or RENEW my/our membership in the Canadian Association of Wooden Money Collectors (CAWMC). Annual Dues are due before January 1st of 2019:

Canadian Resident \$10.00 / Youth (16 years of age and under) \$5.00 Canadian Funds

U.S. Resident \$10.00 / Youth (16 years of age and under) \$5.00

U.S. Funds International Resident (outside Canada and United States) \$20.00 Canadian Funds

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_ Fee: \_\_\_\_\_  
Surname: \_\_\_\_\_ First Name: \_\_\_\_\_ Fee: \_\_\_\_\_  
Mailing address: \_\_\_\_\_ (street, unit, etc.)  
City / Town: \_\_\_\_\_ Province / State / Other: \_\_\_\_\_  
Postal / Zip Code: \_\_\_\_\_ Country: \_\_\_\_\_  
E-mail for receiving Timber Talk newsletter: \_\_\_\_\_  
Contact Telephone (day time):\_( ) \_\_\_\_\_ Contact Telephone (night time): ( ) \_\_\_\_\_  
Cell Phone ( ) \_\_\_\_\_ Be sure to include area code with the contact numbers above.  
If you would prefer to receive the Timber Talk via Canada Post instead of e-mail, tick this box: ☐

Note: your e-mail address is given to our Editor to set you up with website access to Timber Talk archives and other site features. Our President uses it to send out the newsletter by e-mail. Your mailing address is used by our Secretary for membership records, and for mailing out your woods annually .We do not give out your contact information to anybody without your expressed consent beforehand.

If you would prefer to receive the Timber Talk via Canada Post instead of e-mail, tick this box: ☐

**MAIL TO:CAWMC c/o Mr. Al Munro, P.O. Box 2643, Station M, Calgary, Alberta, T2P 3C1, Canada**

--- use form below for friend(s) to join too -----

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Surname: \_\_\_\_\_ First Name: \_\_\_\_\_ Fee: \_\_\_\_\_  
Surname: \_\_\_\_\_ First Name: \_\_\_\_\_ Fee: \_\_\_\_\_  
Mailing address: \_\_\_\_\_ (street, unit, etc.)  
City / Town: \_\_\_\_\_ Province / State / Other: \_\_\_\_\_  
Postal / Zip Code: \_\_\_\_\_ Country: \_\_\_\_\_  
E-mail for receiving Timber Talk newsletter: \_\_\_\_\_  
Contact Telephone (day time):\_( ) \_\_\_\_\_ Contact Telephone (night time): ( ) \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ Be sure to include area code with the contact numbers above.

Note: your e-mail address is given to our Editor to set you up with website access to Timber Talk archives and other site features. Our President uses it to send out the newsletter by e-mail. Your mailing address is used by our Secretary for membership records, and for mailing out your woods annually .We do not give out your contact information to anybody without your expressed consent beforehand.

If you would prefer to receive the Timber Talk via Canada Post instead of e-mail, tick this box: ☐

**MAIL TO: CAWMC c/o Mr. Al Munro, P.O. Box 2643, Station M, Calgary, Alberta, T2P 3C1, Canada**